

Therapist: \_\_\_\_\_

Supervising Therapist: \_\_\_\_\_

**Client Information and Billing Consent**

Client Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ Sex: Male Female Transgender

City, state, zip: \_\_\_\_\_ Martial Status: \_\_\_\_\_

(H) Phone: \_\_\_\_\_ (W) Phone: \_\_\_\_\_ (C) Phone: \_\_\_\_\_

If we need to leave you a message, which number should we use? \_\_\_\_\_

Employer: \_\_\_\_\_ Personal Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Referral Source: \_\_\_\_\_ Agreed Fee/copay: \_\_\_\_\_

**For Minors Only:**

Parent/Guardian Names: \_\_\_\_\_

Who has legal custody? \_\_\_\_\_ Physical Custody? \_\_\_\_\_

Student: Y N Full-time Part-time School: \_\_\_\_\_ Grade: \_\_\_\_\_

**Primary Insurance**

Primary Insured Name: \_\_\_\_\_

Insured DOB: \_\_\_\_\_

Relationship to Insured: \_\_\_\_\_

Insurance Co: \_\_\_\_\_

Policy/ID#: \_\_\_\_\_

Group#: \_\_\_\_\_

Effective Date of Coverage: \_\_\_\_\_

Deductible: \_\_\_\_\_

**Secondary Insurance**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I hereby certify that the above statements are correct. I authorize the release of any medical information necessary to process this claim. I also authorize benefits under this claim paid directly to the therapist for services described. I further understand that it is my responsibility to notify the therapist/staff of any changes in my insurance coverage.

Signed: \_\_\_\_\_

Date \_\_\_\_\_

**Office Use Only**

Axis I Diagnosis \_\_\_\_\_

Axis II Diagnosis \_\_\_\_\_

Axis III: \_\_\_\_\_

GAF: \_\_\_\_\_ Prior Authorization #: \_\_\_\_\_

Notes: \_\_\_\_\_

# **Consent for Treatment, Information Use and Disclosure**

## **Consent to use Disclosure of Healthcare Information for Treatment, Payment and Healthcare Operations**

By signing this statement, I understand that as a part of my health care, Beacon Therapy Associates, PC originates and maintains paper and/or electronic records describing my health history, symptoms, examinations and test results, diagnoses, treatment, and any plans for future care or treatment. This information serves as:

- A basis for planning my care and treatment
- A means of communication among authorized health professionals who contribute to my care
- A source for applying my diagnosis information when filing a claim to my insurance
- A means by which a third-party payer can verify that services billed were actually provided
- A tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals

## **Informed Consent for Confidentiality**

1. If anyone requests information about me, my therapist will not give it unless and until I have signed a separate written authorization for her/him to do so. My therapist will not discuss anything about me with anyone without my written permission, except as noted here:
  - A. If I use insurance benefits, my therapist and Beacon Therapy Associates cannot guarantee confidentiality from the insurance company.
  - B. If my therapist learns that I have abused a child, a spouse, or vulnerable adult (or if I am a child, spouse, or vulnerable adult and report having been recently abused), she/he must report it to the proper authority.
  - C. If my therapist has good reason to believe that I intend to physically harm myself or someone else, she/he will discuss it with me and may be required to warn that person or persons (the Tarasoff duty), or to take steps to prevent such harm by notifying the authorities.
  - D. If my therapist has good reason to believe that I may be a danger to myself, she/he will contact at least one concerned person and/or take steps to prevent such harm by notifying the authorities.
  - E. If I give permission to release my records to a legal representative of my choice, these records could become discoverable by other legal representatives. If subpoenaed by the courts to release your records, we may have to do so.
  - F. My therapist may discuss my case with Beacon Therapy Assc.'s clinicians and/or other outside professional case consultation groups. Identifying information (such as full name) will not be shared without written permission.
  - G. I give my permission to disclose case information to referring clinicians within the Beacon Therapy Network.
  - H. Beacon Therapy Associates, PC is in compliance with the State Department of Human Services which has the right to review all cases. DHS must abide by all rules of confidentiality.
2. All non-emancipated minor clients under the age of 18 years old must have the consent (of at least one) of their parent(s)/guardian following an initial intake session to receive further treatment services. Exceptions to this rule are when a minor is seeking services related to pregnancy, venereal disease or substance abuse.

## **Acknowledgement of Informed Consent & Agreement for Therapy Services**

I acknowledge that it is my choice to participate in on-going therapy (or have my child participate). I will take responsibility for my therapy participation. I understand that I can not attend therapy under the influence of drugs or alcohol. I further understand that I may be charged a fee for any missed appointments or late cancelations. I will discuss early termination prior to ending therapy.

## **Payment Agreement**

- I understand that I am ultimately responsible the payment of services received.
- If using insurance, I am responsible for payment of my co-pay at the time of services.
- I further understand that I am to give a 24 hour notice when canceling appointments. In the case of missed appointments or cancellations shorter than 24 hours, a \$60 fee may apply. Late arrivals will be charged the full fee.

I fully understand and accept the terms listed above.

Client's Signature

/ \_\_\_\_\_  
Legal Guardian /Relation to Client

\_\_\_\_\_ Date

# PERSONAL & RELATIONSHIP HISTORY FORM

Partner A: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Gender: M F T  
Partner B: \_\_\_\_\_ D.O.B. \_\_\_\_\_ Gender: M F T  
Primary concern(s):    \_\_\_ Depression            \_\_\_ Anxiety            \_\_\_ Alcohol/drugs            \_\_\_ Anger issues  
                                 \_\_\_ Coping            \_\_\_ Fear/phobias            \_\_\_ Behavior problems            \_\_\_ Martial issues  
Other \_\_\_\_\_

**Please circle behaviors and symptoms that are problematic for either partner:**

Anxiety	Heart palpitations	Self injury
Irritability	Trouble concentrating	Sleep disturbance
Panic attacks	Depression	Mood swings
Worrying	Fatigue	Anger
Fears/Phobias	Suicidal thoughts	Aggression
Recurring Thoughts	Loneliness	Addictive Behaviors
Hallucinations	People avoidant	Alcohol/drug problems
Impulsivity	Hopelessness	Gambling
Attention Problems	Eating issues	Increased relationship conflicts

Briefly describe how the symptoms above or other concerns impact daily living and the relationship: \_\_\_\_\_

**Either Partner:**

Do you feel suicidal at this time? Yes / No  
Do you have a plan for suicide? Yes / No

Have you ever attempted suicide? Yes / No  
When? \_\_\_\_\_

**Have either of you recently experienced any that follow?**

- Recent death/birth
- Accident, fire, disaster
- Separation or divorce
- Job loss or change
- Arrest or legal matter
- DUI
- Major Financial problems
- Change in living situation
- Physical/emotional abuse
- Sexual abuse or assault
- Thoughts/acts of violence
- Thoughts/acts of hurting self
- Custody issues
- Pregnancy
- Miscarriage
- Abortion
- Diagnosis of major illness
- Relationship discord

**Marital status (circle):**

- Single: \_\_\_ living together    \_\_\_ living apart
  - Married: Years married: \_\_\_\_\_
  - Previous marriages for each partner: A: \_\_\_ B: \_\_\_
  - Has either partner been widowed? \_\_\_\_\_
  - Currently Separated: \_\_\_\_\_
- Sexual orientation: \_\_\_\_\_

**Social Relationships:** Circle how you generally get along with other people:

**Partner A:**

Affectionate	Aggressive	Avoidant	fight/argue often	Follower
Friendly	Leader	Outgoing	Shy/withdrawn	Submissive

**Partner B:**

Affectionate	Aggressive	Avoidant	fight/argue often	Follower
Friendly	Leader	Outgoing	Shy/withdrawn	Submissive

# Partner A:

## **Spiritual/Religious:**

Are you connected with a spiritual or religious group? Please explain: \_\_\_\_\_

Were you raised within a spiritual or religious group? Yes / No

Would you like your spiritual beliefs incorporated into the counseling? Yes / No

## **Developmental history:**

Has there been a history of child abuse? Yes / No If yes, which type: \_\_ Sexual \_\_ Physical \_\_ Verbal

Other childhood issues: \_\_ Neglect \_\_ Exposure to trauma \_\_ Inadequate nutrition

Are there any special, unusual, or traumatic circumstances that affected either partner's upbringing? Yes / No

Please explain \_\_\_\_\_

## **Legal:**

Are you involved in any active legal cases (traffic, civil, criminal)? Yes / No

If yes, please describe charges \_\_\_\_\_

Are you currently on probation or parole? Yes / No

Have you been accusations of any sexual crimes? Yes / No

## **Education:**

Currently enrolled in school

High school grad/GED

Vocational school

Some College

College Graduate

Masters or Doctorate

Any learning disabilities: Yes / No If yes, please explain \_\_\_\_\_

## **Employment:**

Current employer \_\_\_\_\_

Fulltime Part time Temp

Laid-off

Disabled Retired

Social Security

**Military experience for either partner?** Yes / No **Combat experience?** Yes / No **Where:** \_\_\_\_\_

**Branch:** \_\_\_\_\_ **Type of discharge** \_\_\_\_\_ **Service length** \_\_\_\_\_

**Leisure/Recreational:** Describe special areas of interest or hobbies (e.g., art, books, crafts, physical fitness, sports, outdoor activities, walking, exercising, diet/health, hunting, fishing, bowling, traveling sports): \_\_\_\_\_

**Medical/Physical Health:** Primary Doctor \_\_\_\_\_ Do you consent for them to be notified of your treatment? \_\_\_\_\_

Current health conditions/recent health changes: \_\_\_\_\_

Current prescribed medications: \_\_\_\_\_

**Chemical Use History:** \_\_\_\_\_

How does your use affect your life? \_\_\_\_\_

Has anyone expressed concern about your use? Yes / No Are you concerned about your use? Yes / No

Are there presently or past history of a family member having problems with drugs or alcohol? Yes / No

Consequences experienced because of your use? Legal, relational, physical, mental, job, financial: \_\_\_\_\_

## **Counseling/Treatment History:**

### When:

### Where:

Counseling/Psychiatric Care

\_\_\_\_\_

\_\_\_\_\_

Drug/alcohol Treatment

\_\_\_\_\_

\_\_\_\_\_

Psychiatric Hospitalizations

\_\_\_\_\_

\_\_\_\_\_

➤ Is there a family history of mental illness or substance abuse? Yes / No / Not sure

If yes, please explain: \_\_\_\_\_

➤ Have you ever been given a mental health or substance related diagnosis?

Yes / No / Not sure

If yes, what was that diagnosis? \_\_\_\_\_

➤ Have you ever had couples/marriage counseling for this relationship? Yes / No

If yes: when & where: \_\_\_\_\_

What was the outcome? \_\_\_\_\_

What did you find helpful? \_\_\_\_\_

Please answer the following questions about your relationship by filling in the blank with the corresponding number that best describes your relationship in the recent months. These questions will help me better understand your relationship dynamics and opinions.

All of the time	Almost Always/Frequently	Occasionally	Rarely	Never
5	4	3	2	1

1. \_\_\_\_\_ How often do you calmly discuss important topics (i.e., finances, religious matter, goals, parenting, etc.)?
2. \_\_\_\_\_ How often do you discuss or consider separation or divorce?
3. \_\_\_\_\_ How often do you confide in your spouse?
4. \_\_\_\_\_ How often do you quarrel?
5. \_\_\_\_\_ How often do you kiss your partner?
6. \_\_\_\_\_ How often you disagree about major life/household/career decisions?
7. \_\_\_\_\_ How often do you laugh together?
8. \_\_\_\_\_ On a scale from 1-10 (10 being the highest), how satisfied are you concerning sex relations with your partner?
9. \_\_\_\_\_ On a scale from 1-10, how happy are you in your relationship?
10. \_\_\_\_\_ On a scale from 1-10, how confident are you in the future of your relationship?

**Is there any additional information that would help me better understand you, your relationship, or your goals for therapy?**

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# Partner B:

## **Spiritual/Religious:**

Are you connected with a spiritual or religious group? Please explain: \_\_\_\_\_

Were you raised within a spiritual or religious group? Yes / No

Would you like your spiritual beliefs incorporated into the counseling? Yes / No

## **Developmental history:**

Has there been a history of child abuse? Yes / No If yes, which type: \_\_ Sexual \_\_ Physical \_\_ Verbal

Other childhood issues: \_\_ Neglect \_\_ Exposure to trauma \_\_ Inadequate nutrition

Are there any special, unusual, or traumatic circumstances that affected either partner's upbringing? Yes / No

Please explain \_\_\_\_\_

## **Legal:**

Are you involved in any active legal cases (traffic, civil, criminal)? Yes / No

If yes, please describe charges \_\_\_\_\_

Are you currently on probation or parole? Yes / No

Have you been accusations of any sexual crimes? Yes / No

## **Education:**

Currently enrolled in school

High school grad/GED

Vocational school

Some College

College Graduate

Masters or Doctorate

Any learning disabilities: Yes / No If yes, please explain \_\_\_\_\_

## **Employment:**

Current employer \_\_\_\_\_

Fulltime Part time Temp

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Disabled Retired

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**Military experience for either partner?** Yes / No **Combat experience?** Yes / No **Where:** \_\_\_\_\_

**Branch:** \_\_\_\_\_ **Type of discharge** \_\_\_\_\_ **Service length** \_\_\_\_\_

**Leisure/Recreational:** Describe special areas of interest or hobbies (e.g., art, books, crafts, physical fitness, sports, outdoor activities, walking, exercising, diet/health, hunting, fishing, bowling, traveling sports): \_\_\_\_\_

**Medical/Physical Health:** Primary Doctor \_\_\_\_\_ Do you consent for them to be notified of your treatment? \_\_\_\_\_

Current health conditions/recent health changes: \_\_\_\_\_

Current prescribed medications: \_\_\_\_\_

**Chemical Use History:** \_\_\_\_\_

How does your use affect your life? \_\_\_\_\_

Has anyone expressed concern about your use? Yes / No Are you concerned about your use? Yes / No

Are there presently or past history of a family member having problems with drugs or alcohol? Yes / No

Consequences experienced because of your use? Legal, relational, physical, mental, job, financial: \_\_\_\_\_

## **Counseling/Treatment History:**

### When:

### Where:

Counseling/Psychiatric Care

\_\_\_\_\_

\_\_\_\_\_

Drug/alcohol Treatment

\_\_\_\_\_

\_\_\_\_\_

Psychiatric Hospitalizations

\_\_\_\_\_

\_\_\_\_\_

➤ Is there a family history of mental illness or substance abuse? Yes / No / Not sure

If yes, please explain: \_\_\_\_\_

➤ Have you ever been given a mental health or substance related diagnosis?

Yes / No / Not sure

If yes, what was that diagnosis? \_\_\_\_\_

➤ Have you ever had couples/marriage counseling for this relationship? Yes / No

If yes: when & where: \_\_\_\_\_

What was the outcome? \_\_\_\_\_

What did you find helpful? \_\_\_\_\_

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5	4	3	2	1

11. \_\_\_\_\_ How often do you calmly discuss important topics (i.e., finances, religious matter, goals, parenting, etc.)?
12. \_\_\_\_\_ How often do you discuss or consider separation or divorce?
13. \_\_\_\_\_ How often do you confide in your spouse?
14. \_\_\_\_\_ How often do you quarrel?
15. \_\_\_\_\_ How often do you kiss your partner?
16. \_\_\_\_\_ How often you disagree about major life/household/career decisions?
17. \_\_\_\_\_ How often do you laugh together?
18. \_\_\_\_\_ On a scale from 1-10 (10 being the highest), how satisfied are you concerning sex relations with your partner?
19. \_\_\_\_\_ On a scale from 1-10, how happy are you in your relationship?
20. \_\_\_\_\_ On a scale from 1-10, how confident are you in the future of your relationship?

**Is there any additional information that would help me better understand you, your relationship, or your goals for therapy?**

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